

## The Henslow School Annual Planning Overview

*This is a summary for parents, carers and students which shows the likely areas of study.  
It will be adapted by the teacher to suit groups and individuals.*

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| <b>Subject/Qualification</b>             | <b>PSHE</b>   |
| <b>Year group/Class information</b>      | Year 7  |
| <b>Approx Number of lessons per week</b> | 1   |
| <b>Term</b>                              | <b>Topic/Course Information</b>   |
| <b>Autumn 1 (Sep - Oct)</b>              | <b>Being safe online:</b> <ol style="list-style-type: none"> <li>1. Online safety 4 C's</li> <li>2. Grooming</li> <li>3. Sexting</li> <li>4. Digital footprint</li> <li>5. Social media</li> <li>6. Misinformation</li> </ol>                   |
| <b>Autumn 2 (Nov - Dec)</b>              | <b>Our planet:</b> <ol style="list-style-type: none"> <li>1. Climate change</li> <li>2. Pollution</li> <li>3. Deforestation</li> <li>4. Biodiversity</li> <li>5. Farming</li> <li>6. Animal testing</li> </ol>                                  |
| <b>Spring 1 (Jan - Feb)</b>              | <b>Relationship types:</b> <ol style="list-style-type: none"> <li>1. Relationship factors</li> <li>2. Friendships</li> <li>3. Asking for help</li> <li>4. Peer pressure/influence</li> <li>5. Frenemies</li> <li>6. Social exclusion</li> </ol> |
| <b>Spring 2 (Mar - Apr)</b>              | <b>Addictive behaviours:</b> <ol style="list-style-type: none"> <li>1. Addiction/dependency</li> <li>2. Dopamine</li> <li>3. Gaming</li> <li>4. Mobile phones</li> <li>5. Shopping</li> <li>6. Gambling</li> </ol>                              |
| <b>Summer 1 (Apr - May)</b>              | <b>Bodies:</b> <ol style="list-style-type: none"> <li>1. Puberty</li> <li>2. Sexual organs</li> <li>3. Menstruation</li> <li>4. Health checks</li> <li>5. Changing bodies</li> <li>6. Hormones/sleep</li> </ol>                                 |
| <b>Summer 2 (June - July)</b>            | <b>Health:</b> <ol style="list-style-type: none"> <li>1. Hygiene</li> <li>2. Healthcare</li> <li>3. NHS</li> <li>4. Healthy lifestyle</li> <li>5. Health conditions</li> <li>6. First aid</li> </ol>  |