

The Henslow School Annual Planning Overview

*This is a summary for parents, carers and students which shows the likely areas of study.
It will be adapted by the teacher to suit groups and individuals.*

Subject/Qualification	PSHE
Year group/Class information	Year 9
Approx Number of lessons per week	1
Term	Topic/Course Information
Autumn 1 (Sep - Oct)	Being safe online: <ol style="list-style-type: none"> 1. Online safety 2. Grooming 3. Sexting 4. Digital footprint 5. Social media 6. Misinformation
Autumn 2 (Nov - Dec)	Prejudice: <ol style="list-style-type: none"> 1. Discrimination 2. Civil rights 3. LGBT 4. Hate speech 5. Racism 6. Inclusion
Spring 1 (Jan - Feb)	Relationship types: <ol style="list-style-type: none"> 1. Bullying Definition 2. Cyberbullying 3. Hate crimes 4. Consequences 5. Bystander effect 6. Gangs Knife crime
Spring 2 (Mar - Apr)	Illegal drugs: <ol style="list-style-type: none"> 1. Classification 2. Drug laws 3. Cannabis 4. Cocaine 5. Heroin 6. Club drugs
Summer 1 (Apr - May)	Contraception: <ol style="list-style-type: none"> 1. Barrier methods 2. Hormones 3. Condom use 4. The pill 5. Infections 6. Pregnancy
Summer 2 (June - July)	Diet: <ol style="list-style-type: none"> 1. Balanced diet 2. Energy needs 3. BMI & weight 4. Healthy dieting 5. Eating disorders 6. Getting help